



LAUSD School Mental Health Clinic Services (In-Person and Telemental Health available)

EVIDENCED BASED PRACTICES PROVIDED:



Trauma Focused Cognitive Behavioral Therapy (TF-CBT):
Short term treatment to address trauma related symptoms of the child/youth, as well as to assist the parent/caregiver.

MAP - Managing and Adapting Practice:

A child/youth/family treatment model that utilizes interventions from a multitude of evidenced based practices. Most commonly used to treat depression, anxiety, trauma, and /or disruptive behaviors.



Families Overcoming Under Stress (FOCUS):

Short term (approximately 8 weeks) family resiliency based model designed to assist children and families who have experienced adverse events or traumatic stress. This intervention builds on family strengths, increases feelings of family closeness and uses family level problem solving and goal setting to empower the entire family.



Parent-Child Interaction Therapy (PCIT):

An evidenced- based treatment for young children ages 3-7 with behavioral problems. Provides in-the-moment coaching that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns.



Seeking Safety:

An evidenced based intervention for adolescents that can be delivered to a group or an individual student. Seeking Safety is a present-focused treatment that addresses both trauma-related symptoms and substance use/abuse.

Neurofeedback: (In-Person Only)

A non-invasive treatment that encourages the brain to develop healthier patterns of activity. Neurofeedback aims to change the way the brain responds to certain stimuli. It's been used to treat anxiety, depression and insomnia, among other mental health disorders.

SMH Referral Forms



English



Spanish

Mental Health In Communities (M.I.C)

Clinic PSW's provide outpatient mental health services that include evidenced-based practices to treat depression, anxiety, trauma & disruptive behavior. Services can be provided at designated school sites and to high need students whose families experience travel barriers in accessing one of our LAUSD clinic sites. Psychiatry services are also available to students with full scope Medi-Cal.

SERVICES OFFERED

Individual
Therapy

Group
Therapy

Family
Therapy

Neurofeedback

Medication
Support *

*for clients with full-scope Medi-Cal and must be seen at our clinic sites for these appointments.

In order for students to access these services, a SMH
Clinic referral must be completed and submitted to one of
the sites on the other side of the page.



[HTTPS://WWW.
LAUSD.ORG/PA
/20161](https://www.lausd.org/pa/20161)



SCHOOL MENTAL HEALTH Clinic Locations

Region East:

Belmont Wellness Center

180 Union Pl.
Los Angeles, CA 90026
T: (213) 241-4451
F: (213) 241-4465
E: smh.belmont@lausd.net

Elizabeth Wellness Center

4811 Elizabeth St.
Cudahy, CA 90201
T: (323) 271-3650
F: (323) 271-3657
E: smh.elc@lausd.net

Gage Wellness Center

2975 Zoe Ave.
Huntington Park, CA 90255
T: (323) 826-1520
F: (323) 826-1524
E: smh.gage@lausd.net

Ramona Clinic

231 S. Alma Ave.
Los Angeles, CA 90063
T: (323) 266-7615
F: (323) 266-7695
E: smh.ramona@lausd.net

Region North:

Balboa Student and Family Wellness Center

6655 Balboa Blvd.
Van Nuys, CA 91406
T: (818) 758-2300
F: (818) 996-9850
E: smh.valley@lausd.net

Maclay Student & Family Wellness Center

12451 W. Gain St.
Pacoima, CA 91331
T: (818) 794-5280
F: (818) 272-2456
E: s_mh.maclay@lausd.net

Region South:

Carson Wellness Center

270 East 223rd St.
Carson, CA 90745
T: (310) 847-7216
F: (310) 837-7214
E: smh.carson@lausd.net

Crenshaw Wellness Center

3206 W. 50th St.
Los Angeles, CA 90043
T: (323) 290-7737
F: (323) 290-7713
E: smh.crenshaw@lausd.net

Drew Student & Family Wellness Center

1409 Firestone Blvd.
Los Angeles, CA 90001
T: (213) 460-6766
F: (323) 587-3135
E: smh.drew@lausd.net

Locke Wellness Center

316 E. 111th St. Los
Angeles, CA 90061 T:
(323) 418-1055 F: (323)
418-3964 E:
smh.locke@lausd.net

San Pedro Clinic

704 W. 8th St.
San Pedro, CA 90731
T: (310) 832-7545
F: (310) 833-8580
E: smh.sanpedro@lausd.net

Washington Wellness Center

1555 W. 110th St.
Los Angeles, CA 90047
T: (323) 241-1909
F: (323) 241-1918
E: smh.washington@lausd.net

YES Academy Student & Family Wellness Center

6505 8th Ave.
Los Angeles, CA 90043
T: (213) 684-6500
F: (323) 778-7804
E: smh.yes@lausd.net

97th St. Clinic

439 W. 97th St.
Los Angeles, CA 90003
T: (323) 754-2856
F: (232) 754-1843
E: smh.97@lausd.net

